

Important information^{1,2}

How should I store Enstilar[®] (calcipotriol/betamethasone dipropionate)?

Caution: Extremely flammable aerosol. Protect from sunlight and do not store above 30°C. The can should be discarded 6 months after first opening. Do not pierce or burn, even after use. Keep away from sparks, open flames and other ignition sources. Do not smoke near the can.

How do I report side effects?

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Side effects can include: allergic reactions (skin rash, swelling of skin), rise in blood calcium levels (frequent urination, constipation, muscle weakness, and confusion), skin irritation, problems with adrenal glands (tiredness, depression, anxiety), cloudy vision, difficulty seeing at night, sensitivity to light, eye pain or red eye, infections, fluctuations in blood sugar levels etc. This is not a complete list of side effects. Further information regarding potential side effects can be found in the PIL. If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the PIL.

Reporting side effects

If you get any side effects talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

For the **United Kingdom**: you can report side effects via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search MHRA Yellow Card in the Google Play or Apple App Store.

For **Ireland**: the Health Products Regulatory Authority (HPRA) monitors the safety and quality of all medicines available in Ireland. Should you wish, you can report any suspected side effects directly to the HPRA via www.hpra.ie.

By reporting side effects you can help provide more information on the safety of this medicine.

References: 1. Enstilar (calcipotriol/betamethasone) UK PIL 2024. 2. Enstilar (calcipotriol/betamethasone) IE PIL 2024

Further information can be found in the Summary of Product Characteristics or from:

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LEO Pharma, Cashel Road, Dublin 12, Ireland.

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A helpful guide to your treatment^{1,2}

You have been given this leaflet because you have been prescribed Enstilar[®] (calcipotriol/betamethasone dipropionate) for your psoriasis vulgaris (plaque psoriasis). This leaflet will help to answer queries you may have about your treatment.

This leaflet does not replace the patient information leaflet (PIL) provided with your medicine, which you should always read carefully before you start using Enstilar[®] as well as following the guidance of your prescribing doctor.

Refer to the PIL for all precautions and warnings, which can be found at: www.medicines.org.uk (United Kingdom) or www.medicines.ie (Republic of Ireland).

What is Enstilar[®]?

Enstilar[®] is a foam spray for the treatment of psoriasis vulgaris (plaque psoriasis) in adults.

Psoriasis is caused by your skin cells being produced too quickly. This causes redness, scaling and thickness of your skin.

Enstilar[®] contains calcipotriol and betamethasone dipropionate. Calcipotriol helps to bring the rate of skin cell growth back to normal and betamethasone dipropionate helps to reduce the inflammation.

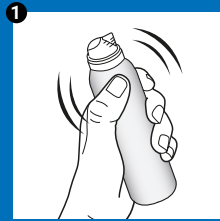
Corticosteroid creams, ointments and other topical preparations come in four different potencies or strengths. These are known as mild, moderately potent, potent or very potent. Healthcare professionals will usually refer to topical corticosteroid potency rather than strength. A potent or strong corticosteroid has a much stronger effect than a mild corticosteroid when using the same amount. The percentage of active ingredient that is sometimes included on product packaging does not indicate potency. Betamethasone is classed as a strong corticosteroid. Your healthcare professional will prescribe or advise a steroid of the appropriate potency for your condition.

Enstilar[®] application instructions^{1,2}

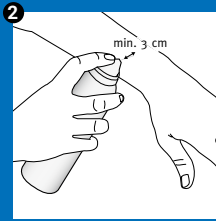
How do I use Enstilar[®]?

Enstilar[®] is designed to be sprayed onto your skin once-daily where your doctor has indicated. The normal treatment period is 4 weeks but your doctor may decide on a different treatment period.

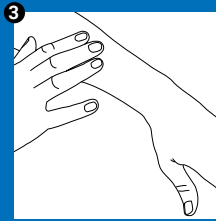
Follow these three simple steps:



Remove the cap and shake the can for a few seconds before use.



Apply the foam by holding the can at least 3 cm from the skin and spray directly onto each affected area. The foam can be sprayed holding the can in any orientation except horizontally.



Gently rub the foam spray to the edge of the affected skin area.

- You may be told by your doctor to use Enstilar[®] twice-weekly once your psoriasis has cleared or almost cleared. If so, you should apply Enstilar[®] on two non-consecutive days (e.g. Wednesday and Saturday) to areas previously affected by psoriasis, leaving a 2-3 day gap between treatment days.
- If symptoms reappear you should use Enstilar[®] once-daily as outlined above and contact your doctor to review your treatment.

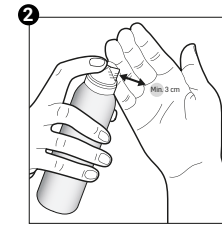
What should I remember when using Enstilar[®]?

- Wash and dry hands before and after using (unless you are using the foam to treat your hands).
- Spraying for 2 seconds provides approximately 0.5 g of Enstilar[®], which should cover an area of skin roughly corresponding to the surface area of an adult hand.
- Do not use more than 15 g per day.

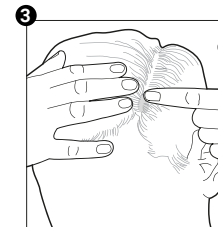
Scalp instructions^{1,2}



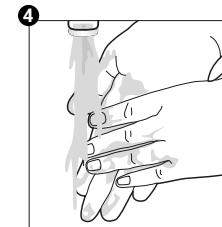
Comb hair to remove any loose scales. Shake the can for a few seconds before use.



Hold can at least 3 cm away. Spray directly into the palm of the hand. The foam can be sprayed holding the can in any orientation except horizontally.



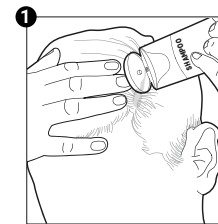
Scoop the foam onto your finger. Apply directly to affected areas. Gently rub the foam into the scalp.



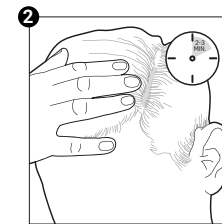
Wash hands after each application.

In order to achieve optimal effect, it is recommended that the application area is not washed immediately after application of Enstilar[®]. Let the foam remain on the skin during the night or during the day.

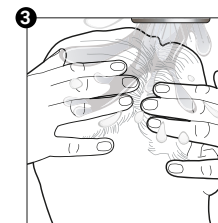
Washing Enstilar[®] out from the scalp



Apply a mild, non-medicated shampoo to **dry hair***, focusing on the areas where the foam was applied.



Massage the shampoo into the **dry hair/scalp**. Leave on the scalp for a couple of minutes before washing.



Rinse thoroughly with water.



Repeat normal shampooing if necessary.

*It is easier to remove Enstilar[®] when shampoo is applied to dry hair as water dilutes the cleansing effect of the shampoo. Transient discolouration of the hair at application site, to a yellowish colour in white or grey hair, has been reported for calcipotriol and betamethasone combination products.